


Name: _____






Right This Very Minute farmers are working to make sure we have the foods we want to eat throughout the day.




Draw the correct amount of each food you need for breakfast:

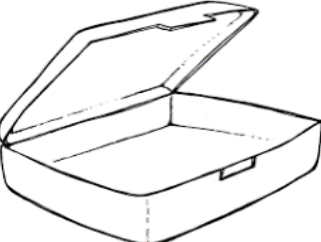
1 glass of orange juice	3 pancakes	4 strawberries	1 glass of milk
		2 eggs	

Draw the correct amount of each ingredient you need for a trail mix snack:

 9 Cheerios	 5 M & Ms
 6 pretzel sticks	 7 peanuts
 8 cranberries	



Draw the correct amount of each food for your lunch:

1 cheese stick	5 carrot sticks	a sandwich cut in 4 equal parts
	2 cookies	3 apple slices